INSECT DAMAGE TO HOME-GROWN MEAT

Insect damage to home-cured meat can be prevented, says Arthur P. Morris, associate entomologist at VPI.

The first rule to follow, Morris says, is to thoroughly clean the meat storage place. The storage, which should be clean, tight, and well-ventilated, can be free of meat for at least a few days each year. Clean the meathouse as soon as the last meat is removed, and then spray it.

Brush and scrub with soapy water, giving special attention to cracks in the shelves and floors.

Keep all meat scraps in tight containers until they can be rendered, used, or disposed of.

Once the meathouse or room is thoroughly cleaned, keep flies, ants, and other insects out.

Shop in Appomattox each Friday night until Christmas.

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SAFETY CAMPAIGN

Make Virginia Safe — safe from tuberculosis, from highway and home accidents, and from. Forest fires — is the theme of a Christmas Program that is being jointly sponsored by the Virginia Tuberculosis Association, the Governor's Highway Safety Committee, the Virginia Division of Forestry, the Virginia Highway Users Association and the Virginia Safety Council, according to Edmond H. Brill, Jr., Chairman of the Virginia Tuberculosis Association's Public Information and Public Relations Committee.

The group has chosen the occasion of the 1957 Christmas Seal to bring this message into the lives and homes of the citizens of Virginia.

Red Cross Bloodmobile to visit Appomattox December 16.

Dark-fired tobacco markets set to open Monday, Dec. 2.

Elderly Persons Need Only Reduce Their Food Intake

CHICAGO—Most aging persons do not need to alter their normal eating habits, except to decrease the amount they eat, a New York physician says.

Basically the nutritional requirements for the aged are the same as for younger adults. However, older persons need fewer calories to maintain their normal weight, Dr. Herbert Pollack said in the Journal of the American Medical Association. The article is one of a series prepared under the auspices of the A.M.A.'s committee on aging.

Dr. Pollack, associate professor of clinical medicine, New York University Postgraduate School of Medicine, said the "obesity of the elderly is not due to gourmandizing," but to eating the same amount of food they did in their younger years when their bodies needed more food.

The body needs a decreasing amount of oxygen as it ages. When this is coupled with a decreased over-all physical activity, it means that the body needs fewer calories to maintain the same weight.

Many religious rituals and certain food practices among groups of people indicate that they have long recognized the place of periodic fasting and limited diets in the prevention of overeating. Now scientific knowledge of nutrition and diet makes it possible to develop diets that are rich in the necessary nutrients but do not lead to overweight, Dr. Pollack pointed out.

Some More Prone to Electric Shock

CHICAGO — Alcoholics, persons with hardening of the arteries, those with disturbed thyroid and those with a greasy skin are most susceptible to electric shock.

This report was made by Dr. Kenneth Lewis at the Congress of the International College of Surgeons.

Dr. Lewis, clinical associate professor of otolaryngology (ear, nose and throat diseases) at the University of Illinois College of Medicine and attending plastic surgeon at the Cook County and other hospitals, has made a study of the effects of shocks by lightning and man-made electricity.

Aside from death, he said, passage of electricity through the body, might bring serious consequences, including damaging effects upon the heart and nervous system, stimulation of strong muscular contraction, inhibition of function of vital organs in the path of the current, thermal injuries with destruction of cells and vital tissues such as bone and extensive latent dying off of burnt tissue or cells.

Man-Made Islands Dot Gulf, Atlantic Coast

WASHINGTON — Man-made islands standing on long steel legs above the sea, like motionless herons, are appearing off United States shores in growing numbers.

An entire archipelago—some 600 oil-drilling platforms — sprouted off the Gulf coast of Texas and Louisiana in the last eight years.

These stations on sea stilts scarcely class as "land," although they certainly are surrounded by water. Made of steel and concrete, they rank as fixed, inhabited islands nonetheless—created by man rather than nature.

Scattered up to 27 miles out on the oil-rich coastal shelf of the Gulf of Mexico, spindly drilling derricks march from the Mississippi Delta to the Rio Grande. Some rest on permanent pilings driven into the bottom. Others are submersible barges, whose upper platform remains high above the water while the main hull sinks to become a solid foundation.

The fantastic Texas Towers, however, carry their own legs. They push them down to the sea floor, then jack themselves up above the highest waves like a boy shinnying up a pole. Already used for oil-well rigs and at Thule air base in Greenland as piers, they will take the form of huge triangular platforms, 200 feet on a side, for Atlantic radar sites.

Relic of Past

Though its relatives vanished from the earth a hundred million years ago, the lizardlike tuatara survives on islets of New Zealand. Eggs of the reptile take almost a year to hatch. The tuatara reaches a length of about two feet, and lives for many years.

Cancer Cause?

Automobile exhaust fumes may be a cause of lung cancer, according to a study conducted at the Illinois Institute of Technology. It has been found that gasoline engine exhaust extract has a marked tumor-inducing effect upon the skin of mice.

"I think his brakes are grabbing."

ECONOMISTS GIVE VEGETABLE OUTLOOK

General demand for vegetables is expected to continue near the same level in 1958 as it was in 1957 if per capita incomes stay high, but a recession would likely affect vegetable purchases seriously.

Agricultural economists at VPI say the total and per capita consumption of vegetables are both expected to increase in 1958. Per capita use of vegetables has increased almost 1/5 from an average of 170 pounds per person in 1937-39, to 203 pounds per person in 1954-56.

Most of the up-trend took place during the years immediately after World War II. Since 1950 increase in per capita use has been at a much slower rate, and the increase will slow down even more in the next five years.

Although fresh vegetable use has dropped in relative importance to processed vegetables, fresh vegetables still account for more than 2-3 of the total consumption.

In recent years frozen vegetables have increased in sales rapidly and now account for a sizeable amount of the increase in the processed crop.

With the prospect of continuing high income and increased emphasis on "convenience foods" the present per cent of vegetables being frozen is expected to go up.

The supply of processed vegetables carried over into 1958 promises to be smaller than the heavy supply carried over into this year. Without the prospect of a large stock carry-over, 1958 prices for most vegetables are expected to be favorable.

However, the economists say care should be taken in selecting the particular vegetables a age of each to be pur

They advise producer get the best informati ed supply and demand as planting time draw

Outlook information used as a guide to growers should keep market conditions cha

For protection again can result from such grower can produce ent vegetable crops. H are unfavorable for o other may help alleviat

University of Richmo lege of William and day in football in Richm

BABY BEEF SALES SET FOR SPRING

Almost 700 baby bee raised by 4-H club mem ginia will be shown at series of 1958 spring

A number of footb here are attending the college football games today.

V. M. I. seeks mid ball season in today's P. I. in Roanoke.

President Eisenhow er illness.

Shop in Appomatt nights. Business places today on Pan Ephi

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CHURCH NEWS

...l Episcopal Church
...Sunday in Advent)
...n gives so much to us;
...ding more, a grateful

...every day including
...for Meditation and Pray-

...Methodist Circuit
...D. Smith, Pastor
...Sermon:
...W. Comfort,

...l Methodist Church
...el A. Bergdoll, Pastor
...School, 9:45 A. M.
...Worship, 11:00 A. M.
...: "Desires of the
...Season."
...Evening Worship, Ser-
...: "Lighting the Sixteen
...the Prophets."
...mmittee at both services.

...ol Baptist Church
...J. E. Greene, Pastor
...School, 9:45 A. M.
...Worship, 11:00 A. M.
...Time, 6:30 P. M.
...erton, Thursday, 7:30 P.

...ley Adventist Church
...day Every Saturday
...E. Lawrence, Pastor
...Appomattox
...School, 9:30 A. M.
...Service, 11:00 A. M.
...The Open Door."

...Chapel Baptist Church
...S. A. Dean, Pastor
...School, 10:00 A. M.
...ng: 1st and 3rd nights, at

...ath mornings, at 11:00. (tf)

...ngelistic Pentecostal Holiness Church
...School, 10 A. M.
...Worship, 11 A. M.
...Worship, 7:45 P. M.

...Hope Baptist Church
...R. Addington, Pastor
...School, 10:00 A. M.
...Worship, 11:00 A. M.
...: 6:30 P. M.
...Worship, 7:30 P. M.
...Meeting, Wednesday, 7:30 (tf)

Liberty Baptist Church

Dr. Carl A. Collins, Jr., Pastor

Sunday School, 9:45 A. M.
Morning Worship, 11 A. M.
B. T. U., 6:30 P. M.
Evening Service, 7:30 P. M.
Prayer Meeting, Wednesday at 8:00 P. M. Evening Worship 7:30 P. M.

Nursery open for infants through three years of age.

DEATHS

MR. C. C. CRALLE

Charlie Craddock Cralle, 72, died at 10:30 P. M. Monday at his home here after an extended illness.

He was born in Appomattox County August 2, 1885, the son of the late Lindsey and Betty Farrar Cralle. He was a retired N & W Section Foreman, and a member of Liberty Baptist Church.

He is survived by his wife, Mrs. Lucy Parker Cralle; four daughters, Mrs. M. E. Evans, Ashland; Mrs. Ben F. Saunders, Richmond; Mrs. C. D. Hill, Camp Hill, Penn., and Mrs. W. E. Farrell, Appomattox; seven grandchildren; one brother, S. W. Cralle, Petersburg.

Funeral services were conducted Wednesday at 2 P. M. from Liberty Baptist Church, with burial in Liberty Cemetery.

MR. A. A. MAYBERRY

Artie Andrew Mayberry, husband of Mary Magdalene Mayberry, died early on the morning of November 23 in a Lynchburg hospital, after an illness of three weeks.

Born in Appomattox County April 28, 1892, he was the son of the late Robert S. and Victoria Mann Mayberry. He was a farmer.

In addition to his wife, he is survived by eight sons, Raymond H., Thurmond T., Robert A. and Richard A. Mayberry, all of Richmond; Curtis O., Curvin O., David A. and Warren J. Mayberry, all of Appomattox; and four daughters, Mrs. Ilean Mayberry, of Richmond; Mrs. Ilean L. Dixon, Southern Pines, N. C.; Mrs. Arthur Mullins, Appomattox, and Mrs. Walter Carrico, Evergreen; one brother, Walter Mayberry, Gladys; and one sister, Mrs. Alice Fox, of Lynchburg; and 13 grandchildren.

Funeral services were conducted Monday at 2 P. M. from the Robinson Funeral Home, by the Rev. J. R. Darden. Miss Peggy Godsey, organist, provided a program of music. Burial was in the family cemetery. Pallbearers were Walter Jordan, E. R. Ferguson, Henry Mann, Richard Nash, Bill Painter and Lawrence Hudson.

YEAR-ROUND FEED PLANS

Carrying capacity of pastures used for a year-round feed plan averaged 81% higher, when credited for silage and hay produced in addition to grazing, than continuously grazed pastures in tests conducted by the VPI Agricultural Experiment Station.

In the same two-year test, the gains of steers on the continuously grazed pasture averaged 1.33 pounds daily as compared to 1.19 pounds for steers on the 12-month feed plan.

The experiment was designed to compare the yield (carrying capacity) and quality (as measured by live weight gains of steers) of herbage from a mixture of bluegrass, orchard grass, white clover, and ladino clover grazed continuously during the grazing season, with the herbage from several forage mixtures used flexibly for grazing silage and hay. In the year-round forage plan, the pastures were harvested for either silage or hay when pasture was plentiful, and grazed when pasture was scarce.

NEWS FOR VETERANS

Hardening of the arteries and resulting heart attacks and strokes are under study in three major research projects announced by Veterans Administration.

The work, which is just getting under way at 14 VA hospitals will test whether long-term treatment with anti-bloodclotting (anticoagulant) medications or special diets can prevent recurrence of heart conditions and strokes in patients, VA said.

The studies are to evaluate these treatments for reducing crippling effects and the number of deaths. About five years are expected to be required for completion of the research, VA said.

In one study, anticoagulant drugs will be administered to about 300 patients who have had the type of heart attack known as coronary thrombosis, in which blood coils develop in the arteries of the heart.

In another study, anticoagulants will be given to about the same number of patients who have had strokes, or blood clots in the brain vessels.

In the third study, special diets will be used for patients with the type of hardening of the arteries known as atherosclerosis, in which fat-derived materials are deposited in the walls of the arteries.

Both coronary thrombosis and sun strokes usually are accompanied by atherosclerosis. Diets to be used are a formula containing vegetable oil believed to reduce the amount of the fatty substance, cholesterol, in the body, foods that have unsaturated instead of saturated types of fats, and foods low in fats of any kind.

Unsaturated fats are the oils, such as olive and corn oil. Saturated fats are the solids such as butter, oleomargarine, and the fats on meat.

FERTILIZER PLACEMENT TESTS REPORTED AT VPI

When is the best time to apply fertilizer to small grains, and what is the best way to apply it?

J. A. Lutz, assistant agronomist at the Virginia Agricultural Experiment Station, has some reports on VPI tests which may help to answer that question.

In one test, spring-seeded oats were fertilized with an equivalent of 200 pounds per acre of 20% superphosphate from a 10-20-20 fertilizer. Three different times and methods of application were tried: disked into the soil; drilled with the seed; and applied as topdressing just after seeding.

Oat forage yields at an early stage of growth were 567 pounds per acre when the fertilizer was disked in, 1,222 pounds per acre when drilled with the seed, and 479 pounds per acre when the phosphate was applied as topdressing. At a later stage of gorwth, oat forage yields were 2,433 pounds per acre when the fertilizer was disked in 2,909 pounds when drilled with the seed, and 1,106 pounds when applied as topdressing.

The same relationship between treatments was reflected in grain yields. Oat yields when the fertilizer was disked in were 53 bushels per acre, when drilled in were 60 bushels per acre, and when applied as topdressing were only 43 bushels per acre.

In another test with wheat, results showed that forage yields from two clippings were highest when the fertilizer was drilled with the seed, next highest when all fertilizer was disked into the soil. Applying the fertilizer as topdressing just after seeding the wheat gave the lowest yields.

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Life Insurance Companies in U. S. Now Number 1,242

NEW YORK — Life insurance companies of the United States numbered 1,242 on June 30 of this year, an increase of 103 from a year ago and 798 more than in 1940, the Institute of Life Insurance reports.

More than 85 per cent of the more than 700 companies started since 1950 were in the South and West. These two sections of the country account for 946 of the companies now in business, the Institute says.

The figures are based on an analysis of the reports on companies licensed to do business by the insurance departments of the 48 states and the District of Columbia.

"The expansion of new companies in the South and West has been an important contributing factor in the increased ownership of life insurance in those sections, which have gained much more rapidly than the rest of the country," the Institute said.

Life insurance companies are now located in every state and 18 states have 20 or more companies. Texas leads the state list, with 338 companies domiciled there; Louisiana is second with 112; next in rank are: Arizona, 54; South Carolina, 48; Alabama, 46; Indiana, 42; Illinois, 39; Georgia, 33; Arkansas, 29; Florida, 29; Pennsylvania, 29; New York, 29.

There are 299 cities with life companies housed locally, Dallas leading with 135.

Why Students Shun Science Careers

SANTA BARBARA — Why are teenagers continuing to turn thumbs down on science careers despite increasingly tantalizing job opportunities and the growing shortage of scientists?

California's chemistry teachers in public and private schools were asked this question by University of California's Office of Relations with Schools in an effort to pinpoint causative factors in our failure to recruit needed future scientists. The essence of the straightforward replies follows:

First, there is a general dislike for mathematics and quantitative thinking.

Second, the sciences are too difficult compared with other fields that are easy to enter and pay as well or better.

Third, high school curricula overemphasize non-science activities; and the present teaching philosophy offers little encouragement for the quiet, intellectually minded student.

Fourth, the socio-economic climate doesn't foster self-discipline and intellectual attainment as compared with monetary success.

Fifth, stimulating teaching is decreasing with overcrowding and excessive work loads; and low salaries are drawing fewer dedicated teachers.

Sixth, counselors are rarely familiar with or enthusiastic about the sciences.

Seventh, interest is not fostered sufficiently in the lower grades.

Cirrhosis Joins Top Death Causers

NEW YORK—Cirrhosis of the liver, long a fairly common chronic disease of adult life, now ranks among the 10 leading causes of death in the United States.

At ages 45-64, the only diseases which outrank cirrhosis of the liver as a cause of death are heart disease, cancer, and cerebral hemorrhage. In 1956, cirrhosis accounted for a total of about 18,000 deaths in the United States, about two-thirds of them among males.

Emergence of cirrhosis as a leading cause of death resulted chiefly from the marked reduction in mortality from the infectious diseases, although the increasing recorded death rate also may be due to improved methods of diagnosis and hence more frequent report of the disease on death certificates.

Merino Sheep Once Belonged to Royalty

WASHINGTON — Australia is growing golden fleece. Merino sheep, which have brought wealth to the island continent and many other countries, have now produced a mutant whose color matches its value.

Hardy animals, prized for fine wool, Merinos are believed to have originated in North Africa. The breed became famous as the monopoly of Spanish royalty, perhaps a legacy to that country from the Moorish invasion in the 12th century.

Coal Stockpile

America's industrial coal stockpile is the world's largest, totaling about 70 million tons, of which more than half is owned by electric utilities.

Mayor's Weekly News Report

To the Citizens of the Town of Appomattox:

I again want to congratulate all of you fine people for the splendid cooperation that you have given our town manager and town officials toward our "Fall Clean-Up Campaign."

Let me again say thanks on behalf of the Council and myself for your interest in trying to promote our "Safety Program."

Our Town Officer, Mr. Strode Burks, is exerting every effort he has to make Appomattox a safer place in which to drive. The dearest possession that we have is our children, so let's all see that their safety is foremost in our minds at all times.

We are most fortunate in having here in Appomattox the best Volunteer Fire Company in the State. So let's all cooperate with the Fire Chief and his men at all times and assist them anyway we can.

I certainly hope that during the Thanksgiving holiday we all will find time to thank the dear Lord for our blessings and to help someone that is less fortunate than we are.

Let's all continue working toward the goal of making Appomattox a neater, safer and more courteous community in which to live.

Sincerely,

C. T. Moses, Jr., Mayor.

Play safe — drive carefully.

CONSERVATION FELLOWSHIPS

The National Wildlife Federation an organization devoted to conserving our natural resources, has informed the Virginia Commission of Game and Inland Fisheries regarding its 1958-59 fellowships in conservation. These education grants carry a stipend of $500 for undergraduate students and $1,000 for graduate, post graduate or special students. Projects which may be considered for thse grants include such activities as curricular problems, teacher training, farmer sportsmen relationships, textbook development and many others.

Play safe—drive carefully.

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